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## Laverne's Hartly Carlisle sets discus mark, repeats as champ

BY ED GODFREY  1 Comment

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Junior Hartly Carlisle of Laverne was gunning for a state meet record Friday.

Not only did Carlisle break the Class A girls' discus state meet record, she shattered it.

Carlisle, who lives in the tiny Panhandle community of Slapout, won her third consecutive state championship in the discus Friday and set the record with a throw of 145-feet, 6 inches.

The previous record was 137-1 set in 1999.

"I was going for it last year, and I didn't get it," Carlisle said. "I really wanted it this year."

Last year, Carlisle won the state championship with a throw of 130 feet.

"My technique has gotten better," said Carlisle, whose personal best is a throw of 148 feet.

Carlisle said she made the best throw of her life Friday in warming up for competition.

"I was trying to get that throw again the entire time," she said. "I just couldn't get it done. We thought it was 150 or over. I was like, 'I wished I could have saved that one.'"

She still had plenty in the tank, however. In fact, Carlisle made four throws Friday that exceeded the state record.

Her teammates, freshman Kanani Jones and senior Haley Maphet, finished second and sixth in the event.

Carlisle also will seek her third straight title today in the shot put.

Despite having so much experience and success at the state track meet, Carlisle said she was nervous Friday because her expectations go up each year.

"In the discus and shot, you can scratch your throws very easily and not even get in the finals," she said. "It's not a given. You have to practice a lot to make sure you are consistent."

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